Community Education and Emeritus Institute Classes

Revisit an old hobby, try something new, or learn skills for your career!
academics.ivc.edu/CommunityEd | academics.ivc.edu/Emeritus
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WELCOME TO EXTENDED EDUCATION

OFFICE OF EXTENDED EDUCATION
IDEA Building at ATEP
1624 Valencia Ave., Room 205
Tustin, CA 92782
949-367-8343

OFFICE HOURS:
9am–5pm Monday through Friday
Closed Saturdays, Sundays and Holidays

Note: This is an office location, not a classroom location.

All Community Education classes are held at Irvine Valley College,
5500 Irvine Center Drive, Irvine, CA 92618.
For a campus map and building list, visit page 27.

All Emeritus classes are held at the location listed in the individual
course description. For a map and list of Emeritus off-campus class
locations, visit pages 24-25.

GENERAL INFORMATION:
Community Education: academics.ivc.edu/communityed
Emeritus Institute: academics.ivc.edu/emeritus

REGISTRATION:
Community Education: https://ivc.augusoft.net
Emeritus Institute: https://mysite.socccd.edu

FALL 2019 ACADEMIC CALENDAR

Aug. 19  Emeritus Institute and Community Education Classes Begin
Sept. 2   Labor Day Holiday (No Classes)
Nov. 11  Veterans Day Holiday (No Classes)
Nov. 12  Faculty Contractual Day (No Classes)
Nov. 28-29 Thanksgiving Holiday (No Classes)
Dec. 29-Jan. 10 Winter Break
ABOUT COMMUNITY EDUCATION

The Irvine Valley College Community Education department provides short-term, not-for-credit classes, workshops, career training programs and events designed for professional and/or personal development, with special emphasis on inspiring a sense of wonder and imagination toward life-long learning. College credit is not given for classes conducted by the Community Education department. There are no transcripts or grades. Community Education is a self-supporting entity of the college and is not funded by taxpayer dollars. Our goal and commitment is to provide personal enrichment classes to help our students explore new talents, expand their minds, embrace new technology or become entrepreneurs. We are here to help! If you have a special interest or particular need for a class, please send us your suggestions at ivccommunityed@ivc.edu. We wish you much success!

COMMUNITY EDUCATION AND COLLEGE FOR KIDS ONLINE REGISTRATION

> Go to ivc.augusoft.net
> Returning Students: Log In
   (If you are unsure whether you already have an account, please call 949-367-8343 for assistance)
> New Students: Create an Account
> Click LOGIN/CREATE ACCOUNT
> Click green button that says CREATE NEW PROFILE
> Select profile type:
   Student - single adult user
   OR
   Household - multiple users under one account, adults and children
> Fill out all fields marked with red asterisk (*) in Steps 1, 2 and 3
> Click green SUBMIT button
> Proceed to instructions to Register for Classes
  > Search and Register for Classes

OPTION 1:
- Use the search bar on the top right of the page
- Input class name or number (if available) and click GO
- Click the Add to Cart button next to any classes you would like to enroll in
- When finished adding classes, click View Cart
- Verify details and click Checkout to pay and complete registration
- Visa, Mastercard or Discover

OPTION 2:
- Click Browse on the left-hand side
- Browse classes by Catalog and Category
- Click the Add to Cart button next to any classes you would like to enroll in
- When finished adding classes, click View Cart
- Verify details and click Checkout to pay and complete registration
- Visa, Mastercard or Discover
To register by phone, call 949-367-8343 from 9am to 5pm Monday through Friday. To register by mail, send the form on page 6 with payment to:

Irvine Valley College
Office of Extended Education, IDEA 205
1624 Valencia Avenue
Tustin, CA 92782

Note: All Community Education classes are held at Irvine Valley College, 5500 Irvine Center Drive, Irvine, CA 92618.

PARKING INFORMATION

GENERAL PARKING INFORMATION

Parking at IVC is $5 per day. Daily permits can be purchased in lots 4, 5, 8 and 10. If you will taking multiple classes during the semester or year-round at either IVC or Saddleback, you may order a parking permit at the Campus Safety office, in the CP 100 building (see map in brochure). Annual and semester permits are no longer sold on campus. Remember to place your temporary parking permit on your dashboard until your permit is delivered. Be sure to read the entire flyer that comes with the permit and to properly remove the permit from the flyer. The fees are $40 fall or spring semester, $25 for summer, or $80 for an annual permit. Parking is enforced 24 hours a day, 7 days a week. Campus Safety summer office hours are from 8am to 6pm Monday-Friday, and 8am to noon Saturday.

COMMUNITY EDUCATION CLASS REFUND POLICY

Full refunds are issued for classes cancelled by IVC. If paying by check or cash, please allow 30 days to receive your refund. If paying with a credit card, please allow 10 days to receive your refund. Refunds are not available once the class begins.
COMMUNITY EDUCATION
REGISTRATION FORM

REGISTRATION FORM
Receipts Sent by Request

Payee Name:

Address:     City:         Zip:

Daytime Telephone #:   Email:

Participant Name If Different from Payee   Birth Date   Class Name and Number   Fee

Check # (Made Payable to IVC)

This Section for Office Use Only:    Receipt #:    Date:    Other:

GENERAL PURPOSE LIABILITY WAIVER RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT
In consideration of accepting this registration, I hereby release, indemnify, and hold harmless South Orange County Community College District and its officers, clients, agents or employees from any and all claims, damages, or losses caused by the negligent or intentional acts or omissions of the SOCCCD’s officers, clients, agents or employees that result in bodily injury, property damage or any other injury or loss to myself (and to any minor children for whom I have the capacity to contract) arising out of the participation in this program or other classes sponsored by Irvine Valley College, for a calendar year, enrolled in by me (and by any minor children for whom I have the capacity to contract). I hereby give permission to IVC to videotape or photograph me or my children participating in the programs for use in future marketing, publicity, and advertising on behalf of Irvine Valley College, the Irvine Valley College Foundation, and/or the South Orange County Community College District and understand that I will not receive any compensation for such use. I further hold harmless IVC, the IVC Foundation, or the SOCCCD for any unintentional misuse or misrepresentation of any video or photographic image as part of the above-mentioned uses. I CERTIFY THAT I HAVE READ AND UNDERSTAND THIS WAIVER AND RELEASE AS IT APPLIES TO MYSELF.

Signature of Participant:       Date:
(If participant is under 18, parent or guardian must sign)

Participant Name:

Emergency Contact/Relationship (College for Kids):

Daytime Telephone #:

Name of Parent or Legal Guardian:

Daytime Telephone #:
Acknowledgement of Voluntary Participation
Participant voluntarily wishes to participate in the above referenced Irvine Valley College Community Education class(es) and chooses to do so despite the possible dangers and inherent risks.

Code of Conduct
Participant fully understands that he/she is to abide by all rules and regulations, including and not limited to District policies and procedures governing conduct during participation in the above referenced class(es). Any violation of these rules and regulations may result in participant’s dismissal from the class with any expenses incurred being participant’s responsibility.

Internet Usage
Participant or Parent/Legal Guardian of Participant understands that South Orange County Community College District, Irvine Valley College Community Education is not liable for any actions resulting from the misuse of computers. Any misuse of computers must be reported to the Irvine Valley College Community Education Assistant Vice President.

Medical Consent
In the event of an emergency and participant is injured or becomes ill during his/her participation in the above mentioned Community Education class(es), participant or Parent/Legal Guardian of Participant hereby authorizes and consents to x-ray, examination, anesthetic, medical, dental, or surgical diagnosis or treatment, emergency medical treatment, and hospital care from a licensed physician and/or surgeon, as well as emergency transportation as deemed necessary for my safety and welfare. Participant understands that all resulting expenses will be his/her responsibility. In addition, participant asks Irvine Valley College Community Education to call his/her emergency contact listed above.

Photograph/Video Release
Participant understands that Irvine Valley College Community Education may take photographs and/or video of participant during his/her participation in this Community Education class which may be used for the purposes of marketing and/or publicity of the program in print or on any social media platform.

Release Of Liability
In consideration of participant’s request for voluntary participation and registration in the above referenced Irvine Valley College Community Education class(es), and to the extent permitted by law, participant, his/her heirs, executors, administrators or assigns hereby agree to release, defend, indemnify, and hold harmless South Orange County Community College District, its Board of Trustees, officers, agents, employees, and volunteers from any and all claims, action, demands, damages, costs, losses, or expenses, including reasonable attorney’s fees of any kind or nature whether related to bodily injury, property damage, or loss of life, except to the extent that such loss or damage is caused by the negligence act or omission and willful misconduct of South Orange County Community College District, its Board of Trustees, its officers, agents, employees, and volunteers and no negligence on the part of the participant.

Participant or parent/legal guardian of participant fully understands the above terms and the legal consequences of signing this registration and release of liability form. Participant or parent/legal guardian of participant agrees to this freely and voluntarily.
COLLEGE FOR KIDS

Natural A's (Ages 10-17)
Any student can significantly enhance grades, self-confidence, and chances for scholarships and college admissions by performing academic skills in alignment with the brain's natural patterns. This makes note-taking, reading, studying, memorizing and test-taking amazingly efficient. Discover simple methods for understanding math, optimize concentration, and prevent test anxiety. The presenter graduated at the top of his college class with a 4.0 GPA, and has a Juris Doctor degree from BYU. Parents can register and participate with their children.

Fee: $49 + $30 materials fee payable to instructor
Instructor: Curtis Adney
9am-Noon SAT 10/12 IVC - CEC 2

Natural A's: Parent/Guardian Registration (Ages 18+)
Parents are welcome to register and participate with their child(ren).

Fee: $49 + $30 materials fee payable to instructor
Instructor: Curtis Adney
9am-Noon SAT 10/12 IVC - CEC 2

CAREER

Make-Up Artist 101
Are you a cosmetologist who wants to offer more to your customers? Or do you just love make-up and want to know everything there is to know about applying beautiful make-up? Then this class is for you! Jennessy will teach you the step-by-step stages of make-up application: 1) Skincare and prep: why and how it affects your make-up applications. 2) Foundation: how to pick out the correct color and coverage for each application. 3) Brushes: the functions for each shape and style. 4) Eyeshadows: techniques. 5) Basic everyday looks and the smokey looks. 6) Wedding application, including prep for lighting and camera work. 7) Music video applications. 8) How to apply false lashes. This class will teach you the most valuable and essential make-up artist skills. Upon completion, students will be eligible to receive a Certificate of Completion. Each person attending will receive a full set of brushes and make-up.

Fee: $299 + $40 materials fee payable to instructor
Instructor: Jennessy Tyler
9:30am-6pm Sat/Sun 10/19-10/20 IVC - CEC 2
An Introduction to Voiceovers (Getting Started in Voice Acting)

“Wow, you have a great voice!” Have you heard that more times than you can count? Or maybe you listen to your favorite audiobooks, commercials, or cartoon characters and think, “I could do that!” If so, then you could have what it takes to begin working as a professional voiceover artist. Explore the voiceover industry with your instructor, a professional, working voice actor from the voice acting training company Voices For All. Discover current trends in the industry and how they make it easy and affordable for just about anyone to get involved. In this one-time, 2-hour, introductory class, you’ll also learn about the different types of voiceovers and the tools you’ll need to find success. And then...we’re rolling! Your instructor will record you as you read a real script, then offer some coaching so you can improve your delivery. Your instructor will take notes on your performance so you can improve your delivery. Your instructor will take notes on your performance so you can improve your delivery. Your instructor will take notes on your performance so you can improve your delivery. Your instructor will take notes on your performance so you can improve your delivery. Your instructor will take notes on your performance so you can improve your delivery. Your instructor will take notes on your performance so you can improve your delivery. Your instructor will take notes on your performance so you can improve your delivery. Your instructor will take notes on your performance so you can improve your delivery. Your instructor will take notes on your performance so you can improve your delivery. Your instructor will take notes on your performance so you can improve your delivery.

Fee: $49
Instructor: Voices for All Staff
6-8pm TH 9/26 CEC 5

ONLINE CLASS: Medical Insurance Billing Certificate Program

A comprehensive study of medical insurance billing claims processing, coding and collection strategies. Procedures and paperwork (paper and electronic), involving various insurance providers including private and government plans, as well as workers’ compensation and personal injury cases. Also includes privacy rules and regulations governed by the Health Insurance Portability and Accountability Act (HIPAA), involving Protected Health Information (PHI).

Information: www.kgpmedicalbilling.com

Fee: $150 + $325 materials fee payable via PayPal at https://www.paypal.me/krisgpatterson
Orientation: 10-11am Saturday, September 7, 2019
Instructor: Kris G. Hall-Patterson
9/10-10/8 Online

ONLINE CLASS: Medical Front Office

This course is intended for students interested in becoming a medical front office assistant/medical receptionist, sometimes referred to as the intake coordinator. This class will ensure students are prepared to begin a rewarding career and to become an integral part of the medical office team.

Information: www.kgpmedicalbilling.com

Fee: $25 + $89 materials fee payable via PayPal at https://www.paypal.me/krisgpatterson
Orientation: 10-11am Saturday, September 7, 2019
Instructor: Kris G. Hall-Patterson
10/15-10/16 Online
ONLINE CLASS: Start Your Own Billing Service

Many medical practices receive most of their income from insurance companies. Thus, medical billing services are in demand. In this class you will learn how to obtain clients, how to set your fees, what other services a billing service could offer, marketing your services, where to obtain HIPPA compliance software, a sample HIPAA business associate agreement and independent contractor agreement, what billing organizations you can join, how to obtain updates from insurance companies, and the differences between sole proprietorships, partnerships, corporations and LLCs.

Information: www.kgpmedicalbilling.com

Fee: $25 + $29 materials fee payable via PayPal at https://www.paypal.me/krisgpatterson
Orientation: 10-11am Saturday, September 7, 2019
Instructor: Kris G. Hall-Patterson

10/17 Online

MONEY MATTERS

Reduce the Cost of College

Parents, learn how to save on the cost of college! College planning is not just saving for the cost of college. When it comes to college planning, there is no one size fits all solution. It’s about knowing the ins and outs of a very complex topic and how to apply the secrets of college planning and funding to your circumstances. Every parent of a college-bound student may benefit from this class. Topics covered include: What college planning is; when should you start college planning; the Expected Family Contributions (EFC) formulas used; how to estimate your EFC; strategic use of 529 savings plans; planning and funding strategies that may help increase cash flow to help pay education expenses or reduce taxes; and school merit scholarships and loan strategies for meeting shortfalls. Whatever your net worth as a parent, you may benefit from this class by gaining an understanding of what to do to save money and what not to do that can cost you money. This class is not going to discuss how to prepare for, apply for, or choose a college. This class will discuss the use of financial college planning so you don’t have to pay one dollar more for college than absolutely necessary.

Fee: $30
Instructor: Charla Sue Riley, Crestbridge Financial

10am-12:30pm SAT 10/5 IVC - CEC 2

COMPUTERS

NEW: Introduction to Microsoft Office 2016 (Word, Excel, PowerPoint & Access)

Students will learn the basic features and functions of Microsoft Office 2016. Microsoft Word: format documents and create memos and flyers. Microsoft Excel: create, edit and format spreadsheets, such as budgets and inventory. Microsoft PowerPoint: create a presentation. Microsoft Access: manage data.

Fee: $149 + $20 materials fee payable to instructor
Instructor: NR Computer Learning Center Staff

9am-4pm SAT 9/7-9/21 IVC - BSTIC 117
Financial Strategies for Successful Retirement
Financial Advisors Network (FAN) presents Financial Strategies for Successful Retirement, a financial education class to help you plan your retirement. What you will learn: The truth about Social Security; how to avoid outliving your money; tax reduction strategies; ways to truly diversify to your advantage; health care costs and how to prepare; and how to protect yourself from fraud. Choose investments that match your tolerance for risk. This information-rich seminar introduces you to the concepts and practices that will help you spend your retirement comfortably and in control of your finances. Financial Strategies for Successful Retirement will show you a conservative approach to wise money management and will help you identify lifestyle issues facing retirees. You will learn to seek maximization of your income and more from your investments, Social Security and retirement plans. The course will also educate you on how to protect your hard-earned assets from erosion due to inflation and the possible cost of long-term health care. Your registration fee includes an in-depth workbook and a Retirement Planning Data Form that will help you develop a written inventory of your assets, income, Social Security and pension benefits. Saturday classes take place at the Financial Advisors Network Offices (FAN), located at 1432 Edinger Ave., Suite 200, Tustin, CA 92780.

Fee: $59 per person/$64 per couple
Instructor: Rod H. Kamps, Financial Advisors Network, Inc.

NEW! Lives in Transition
Death, divorce, or legal separation can cause great financial stress. Fear of the unknown causes panic. This class will address all aspects of comprehensive financial planning as it applies to those who are “suddenly single.” From investments to insurances to retirement plans to estate planning to cost of living, everything is totally disrupted. The class will include the following: Understanding the fundamentals of good financial decisions; knowing what insurances to keep or eliminate; minimizing income taxes and accumulating assets, now that you’re the only income earner; changing your entire estate plan and beneficiaries; and taking full advantage of employer benefit plans.

Fee: $39 per person/$49 per couple
Instructor: Ronald Gable

Health Savings Accounts: Paying Medical Costs and Accumulating Assets
Protect yourself against skyrocketing medical insurance premiums with a lower premium High-Deductible Health Plan (HDHP), and pay more of your annual medical and care costs with a Health Savings Account (HAS). Tax-deductible HAS contributions can be used to pay all qualified medical expenses, Medicare A and B, and long term care premiums, as well as non-drug medical supplies and doctor-prescribed over-the-counter medications. HDHPs are the wave of the future for medical insurance, and HASs are the wave of the future for accumulating assets in additions to your 401(k) and IRAs.

Fee: $39 per person/$49 per couple
Instructor: Ronald Gable
ARTS & HOBBIES

NEW! Behind the Movie Classics
A Night at the Movies presents educational talks and screenings of classic films from the 1930s to the late 1970s. Each class session will show a movie in its entirety and share the fascinating details of the film. Screenings are preceded by a 30-minute informative discussion about the film, which includes its origins, the script, casting, production, audience reaction, box office sales, and the legacy of the film. All presentations are augmented with stills in a Powerpoint presentation illustrating the details of the discussion. Movies for the summer session are: Rear Window (9/19), Citizen Kane (10/17), To Kill a Mockingbird (11/14), and Singing in the Rain (12/12).

Fee: $60
Instructor: Theo Siegel
6:30-9pm TH 9/19-12/12  IVC - A 201B

NEW! European Travel on a Budget
This class is designed for first-time travelers to Europe or those who need a refresher course and new ideas. Learn how to travel on a budget, and tips on how to map your trip, build an itinerary, choose air travel, and find budget accommodations (hotels, hostels, and guest houses), sightseeing tours, and more. Come ready to learn and ask questions.

Fee: $50 + $5 materials fee payable to instructor
Instructor: Matthew Vitug
9:30am-12:30pm SAT 9/21  IVC - CEC 2

What Were You Born to Do?
You were born to make a unique contribution to humanity. Progressing toward this purpose brings joy and abundance. Straying from it causes stress and emptiness. To accomplish this mission, one of the 33 Natural Talents is wired into your DNA. It is so subtle, you rarely notice it; yet so powerful, it’s the source of the highest potential. Elvis, Oprah and Einstein were all just “doing what comes naturally.” Applying your natural talent relentlessly will magnetically attract all your heart’s desires. The presenter is a career coach, motivational speaker and author of a forthcoming book: Pinpoint Your Destiny.

Fee: $59 + $40 materials fee payable to instructor
Instructor: Curtis Adney
1-5pm SAT 10/12  IVC - CEC 2

How to Make Fizzy Bath Bombs
These bath bombs make fantastic gifts! Just drop them into a hot bath, then watch them fizz and dissolve, releasing a beautiful fragrance. They are surprisingly easy to make. Let your imagination run wild and experiment with different oils and colors, and experiment with additions like dried rose petals, dried lavender, and fine glitter. The possibilities are endless. All it takes to make delicately scented tablets is a little mixing, some gradual spritzing, and a few minutes of molding. When you are finished, you will have dozens of effervescent treats in a variety of shapes and colors that will scent and soften bath water as they bubble. Note: class is hands-on. Please dress accordingly.

Fee: $39 + $25 materials fee payable to instructor
Instructor: Quayum Abdul
6:30-9:30pm TH 9/26  IVC - A 203
**Beginner’s Guide to Getting Published**

Did you know Stephen King was rejected 75 times before he sold his first novel? If your goal is to become a published freelance writer by selling a magazine article, short story, poem, or even a novel to a traditional publisher, this comprehensive workshop will guide you to, then past the editor's desk. You will discover how to: Become a “published” writer overnight, submit manuscripts the correct way, find the right publisher for your work, write irresistible query letters, learn 100 ways to make money as a freelance writer, and obtain free future Q&A opportunities. If you really want to succeed, this step-by-step workshop is a must! Special note: The instructor is a journalist, author, screenwriter, agent, publisher, and adjunct online instructor of publishing for Harvard.

Fee: $39 + $20 materials fee payable to instructor
Instructor: LeeAnne Krusemark
3-5pm M 11/18  IVC - CEC 6

**NEW! Monetize Websites, Blogs, and Social Media with Affiliate Marketing Opportunities**

Earn a passive monthly income from selling other people’s products by placing a merchant-provided advertisement link on your site, and get a commission for every sale, click or lead. Learn where to find 1,000+ free and low-cost opportunities and how to avoid scams or links that won’t offer a beneficial ROI (return on investment). Learn how to find high, recurring, and second-tier commissions, and how sales funnels can increase your income. You’ll also learn SEO secrets to increase your site’s ranking and visibility on search engines like Google.

Fee: $39 + $10 materials fee payable to instructor
Instructor: LeeAnne Krusemark
6-7pm M 11/18  IVC - CEC 6

**Writing for Online Blogs, Magazines & Websites**

You don’t need a journalism school degree, newspaper reporting experience, or previously published articles to write for online blogs, magazines, and websites. Some online opportunities offer exposure and networking, while many pay well – $1 a word and more. In this fast-paced session, you will learn how to: find more than 1,000 opportunities that pay, find story ideas, conduct interviews and find sources, find and study your target market, and create pitches and query letters.

Fee: $19 + $10 materials fee payable to instructor
Instructor: LeeAnne Krusemark
5-6pm M 11/18  IVC - CEC 6

**Explore 250 Legitimate Home-Based Business Ideas**

Tired of working for someone else? Do you need to make more money? Turn your talents and hobbies into profits by starting a home business. Taught by a Chamber of Commerce past president and award-winning business owner, this is probably the most comprehensive business startup workshop you will ever find. You will discover more than 250 legitimate home business ideas, and learn mandatory legal documentation, many ways to market your product/service, and how to take tax deductions (this workshop included). If you really want to succeed in a home business, this step-by-step session is a must!

Fee: $39 + $20 materials fee payable to instructor
Instructor: LeeAnne Krusemark
7-9pm M 11/18  IVC - CEC 6
Make Money with a Virtual Assistant/Word Processing Business

If you can type, then you can make money at home using your computer. Having already learned all about home-based business success (it is recommended that you attend “Explore 250 Legitimate Home-Based Business Ideas”), you will then discover how and where to find clients, 50 ways to advertise/market your services, effective home office equipment choices, and 100 ways to make money with a computer. There really is a need for your services, so learn to be your own boss, set your own hours, and make more money.

Fee: $19 + $10 materials fee payable to instructor
Instructor: LeeAnne Krusemark
9-10pm M 11/18 IVC - CEC 6

Ham Radio

Talk to interesting people around the world without a telephone. Help direct emergency relief after an earthquake or other natural disaster. Become a radio amateur! This course will introduce you to the fascinating world of amateur radio as it instructs you in the material required to pass the FCC Technician Class license examination. Learn basic electronics and government regulations. Only elementary math skills are needed. No previous knowledge of electronics is required.

Fee: $60 + $33 materials fee payable to instructor
Instructor: Robert Maller
7-9pm TU 10/1-10/29 IVC - CEC 4

HEALTH & FITNESS

Tai Chi
Reduce stress, improve balance and increase vitality through tai chi ch’uan (taijiquan). Experience the peace and well-being this Chinese mind-body exercise brings to those who practice daily. Class covers Tai Chi principles and movements from a traditional long form. Appropriate for beginning to advanced students. No class 10/19, 11/30.

Fee: $75
Instructor: JoAnna Gee Schoon
8-9:30am SAT 9/7-12/14 PE 270

Advanced Tai Chi
Explore deeper relaxation, whole body movement, individual corrections and refinements. Advanced topics may include mirror Tai Chi, slow form, sword, broadsword and 2-person Tai Chi. Prerequisite: 4+ years’ experience in Guang Ping tai chi or instructor approval; contact instructor by email at jschoon@ivc.edu. No class 10/19, 11/30.

Fee: $75
Instructor: JoAnna Gee Schoon
8-10am SAT 9/7-12/14 PE 270

PRESENTERS WANTED

Community Education is always looking for new classes and instructors. If you have an idea for a new class, please visit academics.ivc.edu/communityed for more information.
ABOUT EMERITUS CLASSES

The Irvine Valley College Emeritus Institute program affirms the importance of intellectual activity, critical thinking and creative expressions for older adults. The curriculum challenges participants to formulate relationships between past experiences and new ideas, and to keep current in all academic areas. Courses are developed to stimulate participants’ intellectual and personal growth and to benefit their daily lives – personally, socially, culturally, economically and environmentally. While these courses meet the college’s academic standards, they are not degree-applicable.

ONLINE REGISTRATION INFORMATION

Special Note: All Emeritus Institute classes are tuition-free.

The registration process occurs three times per year, in the fall, spring, and summer semesters.

MySite Registration is date- and time-specific. Please log in to your individual MySite account for a specific date and time to register. Students cannot register prior to their appointment. If you are having trouble accessing MySite, please contact Admissions and Records at 949-451-5220.

Students are not permitted to attend classes in which they are not officially enrolled. Please note: if the class you wish to take is full, students have the option to go to the first class and ask the instructor for permission to add the class. If the instructor approves, the instructor will provide an Add Permit Code (APC) and the individual will be added to the roster.

Faculty reserve the right to drop students who do not attend the first class session.

Please note: If you need additional assistance, please contact the Extended Education Office at 949-367-8343 or visit us in person at the location listed on page 3.

Please see the next page for step-by-step registration instructions.
EMERITUS REGISTRATION PROCESS

For Continuing IVC/SC Students:

Register for your class on MySite at https://mysite.socccd.edu

Log in using your Student ID number and PIN number. Your PIN number is either your birth year (ex: 1947) or the last four digits of your Social Security Number (ex: 1234).

1. Click on My Classes
   a. Click on Add/Drop Classes
   b. Select Term (Fall, Spring, Summer)
      i. Click Add/Drop Classes
2. Update Records - Make sure you answer all sections with a RED ASTERISK (*)
   a. If you can’t move to the next screen, that means you did not answer one of the red asterisk (*) questions. Please scroll to the top of the page and double check your answers.
      i. Frequently missed questions:
         1. Enter your mobile phone number or select No Mobile Phone
         2. Vocational & Technical Information (VETA):
            a. Select the box that fits you
         3. Electronic 1098T information
            a. If your Social Security Number is correctly displayed, select YES
            b. If your Social Security Number is not displayed, select Decline
3. Schedule Builder
   a. Add Class, enter Ticket #, click Add Class
   b. Repeat Step 3a. If multiple course are needed, click next.
   c. If the class is FULL and you would like to be added to the WAIT LIST, enter your mobile phone number and click YES.
      i. If a space becomes available, you will receive an email notification and a text message. You will have 24 hours to register for the class.
4. Checkout: Fees
   a. Select No when asked about Health Fee and ASG. Click next.
5. Accept refund policy, then click complete registration
6. To make sure your registration is complete:
   a. Click on My Classes
      i. Click on My Current Classes
   ii. Make sure you are on the correct semester

For NEW or RETURNING Students
(those who skipped a fall or spring semester):

Apply for admission at www.ivc.edu

1. Click on Admissions and Records
   a. At the center of the page, click Apply Here
   b. Click on Create an Account and follow the registration directions.
2. This is a two-part process:
   a. Create an OpenCCC account
      i. Once you have created it, you will receive an email. This is not your student number.
   b. Continue to the application.
      i. Once your application has been submitted, you will received an email within 24-48 hours containing your student number.
3. Once you receive your student number, you can register for classes. Please follow the Continuing IVC/SC Students MySite registration directions to register for a class.
EMERITUS INSTITUTE CLASSES

ART 403C: ART MEDIA (BEADING)
This noncredit course introduces older adults to various art media, which may include drawing, painting, printmaking, beading, stained glass, or ceramics. It is designed to develop students' appreciation of art and foster their creative expression. The course also includes the improving of fine motor skills and maintaining cognitive abilities. A list of instructional materials will be provided at the first class session.  
(No class 8/30, 11/12, 11/28, 11/29.)

<table>
<thead>
<tr>
<th>Code</th>
<th>Day</th>
<th>Time</th>
<th>Date</th>
<th>Instructor</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>66640</td>
<td>Th</td>
<td>1:3:50 pm</td>
<td>8/29-12/12</td>
<td>Addington, T.</td>
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<tr>
<td>66655</td>
<td>T</td>
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</tr>
<tr>
<td>66635</td>
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<tr>
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</table>

ART 435C: WATERCOLOR PAINTING – BEGINNING
This course for older adults introduces the materials and techniques used in watercolor painting. The course presents the basic methods of applying watercolor in washes, color mixing, and brush techniques, emphasizing the spontaneity of transparent watercolor. A list of instructional materials will be provided at the first class session.  
(No class 11/22, 11/28, 11/29, 12/13.)

<table>
<thead>
<tr>
<th>Code</th>
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<th>Date</th>
<th>Instructor</th>
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<tr>
<td>66685</td>
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<td>Nguyen, T.</td>
<td>LSC</td>
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</tbody>
</table>

ART 430C: WATERCOLOR PAINTING – INT/ADV
Use and incorporate color mixing in a broader palette for washes, glazing, and spontaneous interpretation of the subject matter. An increasing emphasis will be placed on individual exploration with the media.  
(No class 11/28.)

<table>
<thead>
<tr>
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<th>Day</th>
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<th>Date</th>
<th>Instructor</th>
<th>Location</th>
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</table>
EMERITUS MUSIC CLASSES

MUS 450: BEGINNING PIANO
This is a beginning course in popular and classical piano technique for older adults. The course focuses on music theory, note reading, scales, fingering, chording, sight reading, and performance techniques. (No class 9/2, 11/11, 12/2.)

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Days</th>
<th>Time</th>
<th>Semester</th>
<th>Instructor</th>
<th>Location</th>
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<tbody>
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<td>66660</td>
<td>M</td>
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<td>Lippert, C.</td>
<td>LSC</td>
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</tbody>
</table>

MUS 451: INTERMEDIATE/ADVANCED PIANO
This is an intermediate-level course in classical and popular piano technique and performance for older adults. The course focuses on theory, fingering, interpretation techniques, sight reading, and repertoire development. (No class 9/2, 11/11, 12/2.)

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Days</th>
<th>Time</th>
<th>Semester</th>
<th>Instructor</th>
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<tr>
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<td>LSC</td>
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</table>

MUS 460: BAND REHEARSAL AND PERFORMANCE: INSTRUMENTAL
This course for older adults focuses on the study, preparation, and performance of an orchestral concert repertoire. Students may participate in concerts and recitals at alternate locations. (No class 11/12.)

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Days</th>
<th>Time</th>
<th>Semester</th>
<th>Instructor</th>
<th>Location</th>
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<tbody>
<tr>
<td>66665</td>
<td>T</td>
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<td>8/20-10/15</td>
<td>Fournier, P./Lowery, M.</td>
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<tr>
<td>66670</td>
<td>T</td>
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<td>10/22-12/17</td>
<td>Fournier, P./Lowery, M.</td>
<td>LBHS</td>
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</table>
EMERITUS HEALTH CLASSES

HLTH 400A: HEALTH AND FITNESS FOR MATURE ADULTS (1 HOUR PER WEEK)
This course addresses the physical and mental health of the older, mature adult through the use of exercise and fitness activities aimed at maintaining an active, independent lifestyle. Topics include the physical and cognitive benefits of exercise, injury prevention, and special considerations to approaching exercise safely for the older adult. (No class 9/2, 11/11, 11/12, 11/28, 11/29.)

ASAP STRENGTH AND PILATES

<table>
<thead>
<tr>
<th>Course</th>
<th>Day</th>
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<th>Dates</th>
<th>Instructor</th>
<th>Location</th>
</tr>
</thead>
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<tr>
<td>66805</td>
<td>Th</td>
<td>Noon-12:50pm</td>
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CHAIR EXERCISE

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<tr>
<th>Course</th>
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<td>66870</td>
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<tr>
<td>66860</td>
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DANCE (TAP)

<table>
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<td>Days</td>
<td>Time</td>
<td>Dates</td>
<td>Instructor</td>
<td>Location</td>
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<tr>
<td><strong>DAYAN QIGONG</strong></td>
<td>W</td>
<td>10-11:15am</td>
<td>8/21-11/6</td>
<td>Shields, J.</td>
<td>RSC</td>
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<tr>
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<td>M</td>
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<td>8/19-12/16</td>
<td>Robitaille, J.</td>
<td>LBCC</td>
</tr>
<tr>
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<td>W</td>
<td>10:15-11:05am</td>
<td>8/21-12/18</td>
<td>Robitaille, J.</td>
<td>LBCC</td>
</tr>
<tr>
<td></td>
<td>F</td>
<td>10:15-11:05am</td>
<td>8/23-12/13</td>
<td>Robitaille, J.</td>
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<tr>
<td><strong>TAI CHI</strong></td>
<td>T</td>
<td>1-2:15pm</td>
<td>8/20-11/5</td>
<td>Caramagno, R.</td>
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<tr>
<td></td>
<td>Th</td>
<td>1-2:15pm</td>
<td>8/22-11/7</td>
<td>Caramagno, R.</td>
<td>TUSTIN</td>
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<tr>
<td><strong>TAI CHI (MOBILITY)</strong></td>
<td>W</td>
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<td>Schoon, J.</td>
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</table>
HLTH 400B: HEALTH AND FITNESS FOR MATURE ADULTS
(2 HOURS PER WEEK)
This course addresses the physical and mental health of the older, mature adult through the use of exercise and fitness activities aimed at maintaining an active, independent lifestyle. Topics include the physical and cognitive benefits of exercise, injury prevention, and special considerations to approaching exercise safely for the older adult. (No class 9/2, 11/11, 11/12, 11/28, 11/29, 12/10.)

<table>
<thead>
<tr>
<th>Section</th>
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<th>Time</th>
<th>Term</th>
<th>Instructor</th>
<th>Location</th>
<th>Notes</th>
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<tbody>
<tr>
<td>66740</td>
<td>T</td>
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<td>8/20-12/17</td>
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<tr>
<td>66790</td>
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<td>10:30am-12:20pm</td>
<td>8/22-12/12</td>
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<td>8/22-12/12</td>
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AQUATIC FITNESS TRAINING

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<td>RSC</td>
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ASAP STRENGTH AND PILATES
### DANCE (COUNTRY LINE)

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<th>Code</th>
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<tr>
<td>90255</td>
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<td>10:30am-12:20pm</td>
<td>8/19-12/16</td>
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<tr>
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### DAYAN QIGONG

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<td>LBCC</td>
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### DYNA-BAND

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<th>Date</th>
<th>Instructor</th>
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<tr>
<td>Course</td>
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<td>End Date</td>
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<td><strong>PHYSICAL FITNESS</strong></td>
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<td>8/20-12/17</td>
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<td>1:2-50pm</td>
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<td>8/21-12/18</td>
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<td><strong>PILATES</strong></td>
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<td>10-11:50am</td>
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<tr>
<td><strong>YOGA AND YOGA STRETCHING</strong></td>
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<td>YOGA AND YOGA STRETCHING 66780 W</td>
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<td>8/19-12/16</td>
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<tr>
<td>YOGA AND YOGA STRETCHING 66760 W</td>
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<td>8/21-12/18</td>
<td>Michele, M.</td>
<td>TUSTIN</td>
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</table>
## OFF-CAMPUS CLASS LOCATIONS

<table>
<thead>
<tr>
<th>Class Site/Code</th>
<th>Location/Contact Information</th>
</tr>
</thead>
</table>
| A FSSC          | Florence Sylvester Senior Center  
949-380-0155  
23721 Moulton Parkway, Laguna Hills 92653 |
| B HPCC          | Heritage Park Community Center  
949-724-6750  
14301 Yale Ave., Irvine 92604 |
| C LBCC          | Laguna Beach Community Center  
949-464-9535  
380 Third St., Laguna Beach 92651 |
| D LBHS          | Laguna Beach High School  
949-464-9535  
625 Park Ave., Laguna Beach 92651 |
| E LBHSCP        | Laguna Beach High School Community Pool  
949-464-9535  
625 Park Ave., Laguna Beach 92651 |
| F LFBTC         | Lake Forest Beach and Tennis Club  
949-837-6100  
22921 Ridge Route Dr., Lake Forest 92630 |
| G LFCH          | Lake Forest City Hall Community Center  
949-461-3450  
25550 Commercentre Dr., Lake Forest 92630 |
| H LFSP          | Lake Forest Sports Park  
949-461-3415  
28000 Rancho Parkway, Lake Forest 92630 |
| I LSC           | Lakeview Senior Center  
949-724-6900  
20 Lake Rd., Irvine 92612 |
| J RSC           | Rancho Senior Center  
949-724-6800  
3 Ethel Coplen Way, Irvine 92612 |
| K TRCP          | Turtle Rock Community Park  
949-724-6734  
1 Sunnyhill, Irvine 92603 |
| L TUSTIN        | Tustin Area Senior Center  
714-573-3340  
200 South C St., Tustin 92780 |
These high-quality courses are taught by industry experts and designed to quickly deliver specific skills and knowledge that help to advance personal or professional development. Our online classroom is informative, convenient, and highly interactive.

**Accounting Fundamentals**
Gain a marketable new skill by learning the basics of double-entry bookkeeping, financial reporting, and more.

**Grammar Refresher**
Whatever your goals, a grasp of English grammar is important if you want to improve your speaking and writing skills.

**Accounting Fundamentals Series**
If you’re interested in increasing your financial awareness while also gaining a marketable skill, this series of courses is perfect for you.

**Introduction to Microsoft Excel 2016**
Become proficient in using Microsoft Excel 2016 (now available through Office 365) and discover how to create worksheets, workbooks, charts, and graphs quickly and efficiently.

**Microsoft Excel 2016 Series**
Learn to use basic, intermediate, and advanced features of Microsoft Excel 2016.

**Introduction to Microsoft Excel 2013**
Become proficient in using Microsoft Excel 2013 and discover countless shortcuts, tricks, and features for creating and formatting worksheets quickly and efficiently.

**Medical Terminology: A Word Association Approach**
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