NEW YEAR, NEW LOOK, NEW YOU!
Community Education/Emeritus Institute Classes

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OUR OFFICE MOVED!

OFFICE OF EXTENDED EDUCATION
IDEA Building @ ATEP
1624 Valencia Ave., Room 205
Tustin, CA 92782
949-367-8343

OPEN HOURS:
9am–5pm
Monday through Friday
Closed Saturdays, Sundays and Holidays

Note: This is an office location, not a classroom location.

All Community Education classes are held at Irvine Valley College, 5500 Irvine Center Drive, Irvine, CA 92618. For a campus map and building list, visit page 6.

All Emeritus classes are held at the location listed in the individual course description. For a map and list of Emeritus off-campus class locations, visit pages 18-19.

GENERAL INFORMATION:

Community Education: academics.ivc.edu/communityed
Emeritus Institute: academics.ivc.edu/emeritus

REGISTRATION:

Community Education: ivc.augusoft.net
Emeritus Institute: https://mysite.socccd.edu

SPRING 2019 ACADEMIC CALENDAR

November 16-21  Spring Registration Begins for Continuing Emeritus Students
November 28  New Student Registration Begins
January 14  Emeritus Institute Classes Begin
January 21  Martin Luther King, Jr. Holiday (No Classes)
February 15  President Lincoln’s Holiday (No Classes)
February 18  Presidents Holiday (No Classes)
March 17-23  Spring Break (No Classes)
March 29  Cesar Chavez Holiday (No Classes)
May 15  Faculty Day; Classes Not in Session
May 22  End of Spring Semester
The Irvine Valley College Community Education department provides short-term, not-for-credit classes, workshops, career training programs and events designed for professional and/or personal development, with special emphasis on inspiring a sense of wonder and imagination toward life-long learning. College credit is not given for classes conducted by the Community Education department. There are no transcripts or grades. Community Education is a self-supporting entity of the college and is not funded by taxpayer dollars. Our goal and commitment is to provide personal enrichment classes to help our students explore new talents, expand their minds, embrace new technology or become entrepreneurs. We are here to help! If you have a special interest or particular need for a class, please send us your suggestions at ivccommunityed@ivc.edu. We wish you much success!

COMMUNITY EDUCATION

ABOUT COMMUNITY EDUCATION

COMMUNITY EDUCATION

ONLINE REGISTRATION

> Go to ivc.augusoft.net
> Returning Students: Log In
   (If you are unsure whether you already have an account, please call 949-367-8343 for assistance)
> New Students: Create an Account
> Click LOGIN/CREATE ACCOUNT
> Click green button that says CREATE NEW PROFILE
> Select profile type:
   Student - single adult user
   OR
   Household - multiple users under one account, adults and children
> Fill out all fields marked with red asterisk (*) in Steps 1, 2 and 3
> Click green SUBMIT button
> Proceed to instructions to Register for Classes
   > Search and Register for Classes

OPTION 1:
   - Use the search bar on the top right of the page
   - Input class name or number (if available) and click GO
   - Click the Add to Cart button next to any classes you would like to enroll in
   - When finished adding classes, click View Cart
   - Verify details and click Checkout to pay and complete registration
   - Visa, Mastercard or Discover

OPTION 2:
   - Click Browse on the left-hand side
   - Browse classes by Catalog and Category
   - Click the Add to Cart button next to any classes you would like to enroll in
   - When finished adding classes, click View Cart
   - Verify details and click Checkout to pay and complete registration
   - Visa, Mastercard or Discover
To register by phone, call 949-367-8343 from 9 am to 5 pm Monday through Friday.

To register by mail, send the form on page 7 with payment to:

IVC Community Education
1624 Valencia Ave., Room 205
Tustin, CA 92782

*Note: All Community Education classes are held at Irvine Valley College, 5500 Irvine Center Drive, Irvine, CA 92618.*

**COMMUNITY EDUCATION MAIL/PHONE REGISTRATION**

**COMMUNITY EDUCATION CLASS REFUND POLICY**

Full refunds are issued for classes cancelled by IVC. If paying by check or cash, please allow 30 days to receive your refund. If paying with a credit card, please allow 10 days to receive your refund. Refunds are not available once the class begins.

**IRVINE VALLEY COLLEGE PARKING FOR COMMUNITY EDUCATION CLASSES**

**PARKING INFORMATION**

Parking at IVC is $5 per day. Daily permits can be purchased in lots 4, 5, 8 and 10. If you will taking multiple classes during the semester or year-round at either IVC or Saddleback, you may order a parking permit at the Campus Safety office, in the CP 100 building (see map in brochure). Annual and semester permits are no longer sold on campus. Remember to place your temporary parking permit on your dashboard until your permit is delivered. Be sure to read the entire flyer that comes with the permit and to properly remove the permit from the flyer. The fees are $40 fall or spring semester, $25 for summer, or $80 for an annual permit. Parking is enforced 24 hours a day, 7 days a week. Campus Safety office hours are 8am-6pm; Monday-Thursday and 8am-Noon on Friday.
COMMUNITY EDUCATION
REGISTRATION FORM

REGISTRATION FORM
Receipts Sent by Request

Payee Name: 

Address:     City:         Zip: 

Daytime Telephone #:   Email: 

Participant Name If Different from Payee    Birth Date    Class Name and Number    Fee

Check # (Made Payable to IVC)

This Section for Office Use Only: Receipt #:       Date:           Other: 

GENERAL PURPOSE LIABILITY WAIVER RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT
In consideration of accepting this registration, I hereby release, indemnify, and hold harmless South Orange County Community College District and its officers, clients, agents or employees from any and all claims, damages, or losses caused by the negligent or intentional acts or omissions of the SOCCCD’s officers, clients, agents or employees that result in bodily injury, property damage or any other injury or loss to myself (and to any minor children for whom I have the capacity to contract) arising out of the participation in this program or other classes sponsored by Irvine Valley College, for a calendar year, enrolled in by me (and by any minor children for whom I have the capacity to contract). I hereby give permission to IVC to videotape or photograph me or my children participating in the programs for use in future marketing, publicity, and advertising on behalf of Irvine Valley College, the Irvine Valley College Foundation, and/or the South Orange County Community College District and understand that I will not receive any compensation for such use. I further hold harmless IVC, the IVC Foundation, or the SOCCCD for any unintentional misuse or misrepresentation of any video or photographic image as part of the above-mentioned uses. I CERTIFY THAT I HAVE READ AND UNDERSTAND THIS WAIVER AND RELEASE AS IT APPLIES TO MYSELF.

Signature of Participant:       Date: 
(If participant is under 18, parent or guardian must sign) 

Participant Name: 

Emergency Contact/Relationship (College for Kids):

Daytime Telephone #: 

Name of Parent or Legal Guardian: 

Daytime Telephone #: 

STUDY SKILLS

Cracking the SAT (Ages 13-18)
This course is a perfect opportunity to brush up on your knowledge and test-taking strategies right before you take the SAT test! This one day class will focus on both English and mathematics skills. The material fee covers the cost of the SAT prep book that is used during the class.

Fee: $99 + $20 materials fee payable at first class
Instructor: Scholastic Development Staff

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Natural A’s (Ages 10-17)
Any student can significantly enhance grades, self-confidence, and chances for scholarships and college admissions by performing academic skills in alignment with the brain’s natural patterns. This makes note-taking, reading, studying, memorizing and test-taking amazingly efficient. Discover simple methods for understanding math, optimize concentration, and prevent test anxiety. The presenter graduated at the top of his college class with a 4.0 GPA, and has a Juris Doctor degree from BYU. Parents can register and participate with their children.

Fee: $59 + $30 materials fee payable at first class
Instructor: Curtis Adney

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ADULT PROGRAMS

BUSINESS

Explore 250 Legitimate Home-Based Business Ideas
Are you tired of working for someone else? Do you need to make more money? Turn your talents and hobbies into profits at home by learning how to start a home-based business. During this workshop, you will discover: legal documentation, ways to market your product, how to take tax deductions, and free future Q&A opportunities.

Fee: $20 + $20 materials fee payable at first class
Instructor: LeeAnne Krusemark
7-9pm M 2/25  IVC - CEC 2

NEW: Become a Professional Speaker
Learn to become a professional speaker and pocket hundreds or thousands every time you give a speech, training class, motivational talk or product selling event. Start simple, close to home; build as big as you want to grow. If you have questions, please contact the instructor at PiskerGene@aol.com.

Fee: $24 + $20 guest fee (optional) + $30 materials fee payable at first class
Instructor: Gene Konstant
6:30-9:30pm W 3/27 IVC - CEC 6

Make Money with a Typing/WP/Virtual Assistant Business
If you can type, then you can make money at home using your word processor or computer. Having already learned all about home-based business ideas (instructor suggests taking Explore 250 Legitimate Home-Based Business Ideas), you will then discover: How and where to find clients, 50 ways to advertise/market your services, effective home office equipment choices, 100 ways to make money with a computer, and free national networking information. There really is a need for your services, so learn to be your own boss, set your own hours, and make more money.

Fee: $10 + $10 materials fee payable at first class
Instructor: LeeAnne Krusemark
9-10pm M 2/25  IVC - CEC 2
CAREER

An Introduction to Voiceovers (Getting Started in Voice Acting)

“Wow, you have a great voice!” Have you heard that more times than you can count? Or maybe you listen to your favorite audiobooks, commercials, or cartoon characters and think, “I could do that!” If so, then you could have what it takes to begin working as a professional voiceover artist. Explore the voiceover industry with your instructor, a professional, working voice actor from the voice acting training company Voices For All. Discover current trends in the industry and how they make it easy and affordable for just about anyone to get involved. In this one-time, 2-hour, introductory class, you’ll also learn about the different types of voiceovers and the tools you’ll need to find success. And then…we’re rolling! Your instructor will record you as you read a real script, then offer some coaching so you can improve your delivery. Your instructor will take notes on your performance so you can receive a professional voiceover evaluation later. After the class, you will have the knowledge necessary to help you decide if this is something you’d like to pursue. You must be age 18 or over to attend. You owe it to yourself to finally explore the possibilities of this fun and rewarding job!

Fee: $49
Instructor: Voices for All

7-9pm TH 3/7 IVC - CEC 4

ONLINE CLASS: Medical Insurance Billing Certificate Program

A comprehensive study of medical insurance billing claims processing, coding and collection strategies. Procedures and paperwork (paper and electronic), involving various insurance providers including private and government plans, as well as workers’ compensation and personal injury cases. Also includes privacy rules and regulations governed by the Health Insurance Portability and Accountability Act (HIPAA), involving Protected Health Information (PHI). Information: www.kgpmedicalbilling.com

Fee: $150 + $325 materials fee payable via PayPal at https://www.paypal.me/krisgpatterson
Orientation: 10-11am Saturday, February 16, 2019
Instructor: Kris G. Hall-Patterson

2/19/19-4/4/19 Online

ONLINE CLASS: Medical Front Office

This course is intended for students interested in becoming a medical front office assistant/medical receptionist, sometimes referred to as the intake coordinator. This class will ensure students are prepared to begin a rewarding career and to become an integral part of the medical office team.

Information: www.kgpmedicalbilling.com

Fee: $25 + $89 materials fee payable via PayPal at https://www.paypal.me/krisgpatterson
Orientation: 10-11am Saturday, February 16, 2019
Instructor: Kris G. Hall-Patterson

3/6, 3/13 Online
ONLINE CLASS: Start Your Own Billing Service

Many medical practices receive most of their income from insurance companies. Thus, medical billing services are in demand. In this class you will learn how to obtain clients, how to set your fees, what other services a billing service could offer, marketing your services, where to obtain HIPPA compliance software, a sample HIPAA business associate agreement and independent contractor agreement, what billing organizations you can join, how to obtain updates from insurance companies, and the differences between sole proprietorships, partnerships, corporations and LLCs.

Information: www.kgpmedicalbilling.com

Fee: $25 + $29 materials fee payable via PayPal at https://www.paypal.me/krisgpatterson
Orientation: 10-11am Saturday, February 16, 2019
Instructor: Kris G. Hall-Patterson

Become a Notary Public

This course is designed to provide students with the knowledge and professional skills necessary to become a proficient California notary public and prepare for the state’s examination. In addition, this course will satisfy the State of California’s mandatory education requirement of reviewing notary laws and practices for current notary public professionals seeking reappointment. The successful applicant will become a more valuable employee or be able to start his/her own community business. California state proctors will administer the notary examination at the completion of the class.

Important exam information: New and renewing notaries need to bring the following to the exam: 1) A $40 check payable to Secretary of State; 2) Proper ID - current driver license or state issued ID card; 3) Two #2 pencils; 4) 2”x2” passport color photo. LiveScan fingerprints will be required after you pass the exam. Serious convictions may disqualify applicants. Must be 18+ years of age. Students must arrive on time and stay for the full duration of class. Students that arrive late may be asked to leave.

Fee: $99 + $35 materials fee + $40 state examination fee (check only, made payable to Secretary of State)
Instructor: Notary Public Seminars

PRESENTERS WANTED

Community Education is always looking for new classes and instructors. If you have an idea for a new class, please visit academics.ivc.edu/communityed for more information.
Renew Your Notary Commission
We'll feature the new state laws passed this year and give you a brush-up on general law to make sure you haven't fallen into any bad habits. Your commission must be current to be eligible for this three-hour seminar. Renewing notaries must take the exam and submit LiveScan fingerprints again. Important exam information: New and renewing notaries need to bring the following to the exam: 1) A $40 check payable to Secretary of State; 2) Proper ID - current driver license or state issued ID card; 3) Two #2 pencils; 4) 2"x2" passport color photo. LiveScan fingerprints will be required after you pass the exam. Serious convictions may disqualify applicants. Must be 18+ years of age. Students must arrive on time and stay for the full duration of class. Students that arrive late may be asked to leave.

Fee: $50 + $35 materials fee + $40 state examination fee (check only, made payable to Secretary of State)
Instructor: Notary Public Seminars
12:45-6pm SAT 2/23 IVC - CEC 4

How to Create a Website for Business or Personal Use for Free
You can create your site in minutes for free, including text, graphics, YouTube video links, a shopping cart, and the ability to customize it any way you want it. You'll learn how to: get your domain name, choose a web host and sign up for an account, design your web pages, collect credit card information, be listed with major search engines, and get your site noticed. A $30 fee for the book "Fishin' With a Net" (978-1-891440-63-2) is payable in class. This class is for beginners and laypersons.

Fee: $39 + $30 materials fee payable in class
Instructor: Mike Rounds
6:30-9:30pm W 1/23 IVC - CEC 2

MONEY MATTERS

Rescore Your Personal or Business Credit
Find and erase every legally defective entry in your credit reports; raise your credit scores; fix college debt; stop collection calls; instantly void many debts; restore your employability; protect yourself in divorce or business failure; and become credit worthy again. If you have questions, please contact the instructor at PiskerGene@aol.com.

Fee: $24 + $20 materials fee payable at first class
Instructor: Gene Konstant
6:30-9:30pm W 3/6 IVC - CEC 6

COMPUTERS

NEW: Introduction to Microsoft Office 2016 (Word, Excel, PowerPoint & Access)
Students will learn the basic features and functions of Microsoft Office 2016. Microsoft Word: format documents and create memos and flyers. Microsoft Excel: create, edit and format spreadsheets, such as budgets and inventory. Microsoft PowerPoint: create a presentation. Microsoft Access: manage data.

Fee: $149 + $20 materials fee payable in class
Instructor: NR Computer Learning Center Staff
9am-4pm SAT 1/19-2/2 IVC - BSTIC 115
Putting Your Retirement Plan Dollars To Work
A secure retirement requires not outliving retirement income. The accumulation of an asset base to generate income will depend on the amount you contribute, the positioning of your dollars before and during retirement, and how your retirement plans coordinate with your whole financial situation. This course will cover the many different investment concepts available for use in retirement plans during your accumulation and retirement years.

Fee: $39 + $10 guest fee
Instructor: Ronald Gable
9am-Noon SAT 1/26  IVC - CEC 4

Reducing the Cost of College
Parents, learn how to save on the cost of college! College planning is not just saving for the cost of college. When it comes to college planning, there is no one size fits all solution. It’s about knowing the ins and outs of a very complex topic and how to apply the secrets of college planning and funding to your circumstances. Every parent of a college-bound student may benefit from this class. Topics covered include: What college planning is; when should you start college planning; the Expected Family Contributions (EFC) formulas used; how to estimate your EFC; strategic use of 529 savings plans; planning and funding strategies that may help increase cash flow to help pay education expenses or reduce taxes; and school merit scholarships and loan strategies for meeting shortfalls. Whatever your net worth as a parent, you may benefit from this class by gaining an understanding of what to do to save money and what not to do that can cost you money. This class is not going to discuss how to prepare for, apply for, or choose a college. This class will discuss the use of financial college planning so you don’t have to pay one dollar more for college than absolutely necessary.

Fee: $29
Instructor: Charla Sue Riley
9:30am-Noon SAT 3/9  IVC - CEC 4
9:30am-Noon SAT 5/11  IVC - CEC 4

Health Savings Accounts: Paying Medical Costs and Accumulating Assets
Protect yourself against skyrocketing medical insurance premiums with a lower premium High-Deductible Health Plan (HDHP), and pay more of your annual medical and care costs with a Health Savings Account (HAS). Tax-deductible HAS contributions can be used to pay all qualified medical expenses, Medicare A and B, and long term care premiums, as well as non-drug medical supplies and doctor-prescribed over-the-counter medications. HDHPs are the wave of the future for medical insurance, and HASs are the wave of the future for accumulating assets in additions to your 401(k) and IRAs.

Fee: $39 + $10 guest fee
Instructor: Ronald Gable
9am-Noon SAT 2/9  IVC - CEC 4
Financial Strategies for Successful Retirement

In partnership with Irvine Valley College, Financial Advisors Network (FAN) presents Financial Strategies for Successful Retirement, a financial education class to help you plan your retirement. What you will learn: The truth about Social Security; how to avoid outliving your money; tax reduction strategies; ways to truly diversify to your advantage; health care costs and how to prepare; and how to protect yourself from fraud. Choose investments that match your tolerance for risk. This information-rich seminar introduces you to the concepts and practices that will help you spend your retirement comfortably and in control of your finances. Financial Strategies for Successful Retirement will show you a conservative approach to wise money management and will help you identify lifestyle issues facing retirees. You will learn to seek maximization of your income and more from your investments, Social Security and retirement plans. The course will also educate you on how to protect your hard-earned assets from erosion due to inflation and the possible cost of long-term health care. Your registration fee includes a colorful, in-depth seminar workbook and a Retirement Planning Data Form that will help you develop a written inventory of your assets, income, Social Security and pension benefits. Saturday classes take place at the Financial Advisors Network Offices (FAN), located at 1432 Edinger Ave., Suite 200, Tustin, CA 92780.

Fee: $59 + $5 guest fee
Instructor: Financial Advisors Network, Inc.

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ARTS & HOBBIES

NEW: Cold Process Soap Making from Scratch

Would you like to learn how to use the cold process soap making method to create soap completely from scratch? This class will show you how, so you can create beautiful handmade soaps in your kitchen. This class is appropriate for experience levels from beginner to advanced. Note: class is hands-on. Please dress accordingly and wear a long-sleeved shirt.

Fee: $39 + $35 materials fee payable at first class
Instructor: Quayum Adbul
9am-Noon SAT 2/23 IVC - CEC 5

NEW: How to Make Body Butter (Lotion)

The hurried, stressful pace of daily life often makes it difficult to find ways to relax. If you seek to create a restful retreat in your home, why not relax and rejuvenate your mind, body and soul by making your own body butter lotion? Most body butter recipes include just a handful of ingredients – you can make them with whatever scent and therapeutic qualities you desire to make your unique product. Note: class is hands-on. Please dress accordingly.

Fee: $39 + $25 materials fee payable at first class
Instructor: Quayum Adbul
9am-Noon SAT 4/6 IVC - CEC 5

NEW: How to Make Fizzy Bath Bombs

These bath bombs make fantastic gifts! Just drop them into a hot bath, then watch them fizz and dissolve, releasing a beautiful fragrance. They are surprisingly easy to make. Let your imagination run wild and experiment with different oils and colors, and experiment with additions like dried rose petals, dried lavender, and fine glitter. The possibilities are endless. All it takes to make delicately scented tablets is a little mixing, some gradual spritzing, and a few minutes of molding. When you are finished, you will have dozens of effervescent treats in a variety of shapes and colors that will scent and soften bath water as they bubble. Note: class is hands-on. Please dress accordingly.

Fee: $39 + $25 materials fee payable at first class
Instructor: Quayum Adbul
1-5pm SAT 4/6 IVC - CEC 5
**NEW: Observational Drawing**

Interested in learning how to draw from observation? How do you translate a three-dimensional object into a two-dimensional drawing? Participants will learn how to sight, observe, and draw using graphite pencils, graphite powder, blending sticks, and kneaded erasers. This intensive drawing workshop will also cover issues in setting up a composition, as well as types of pencils, shading gradients, and a review of historical drawings. **No class 2/16.**

Fee: $60 + $2 materials fee payable at first class
Instructor: Diana-Sofia Estrada
9:11:30am SAT 2/2-2/23 IVC - CEC 6

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**Eliminate Clutter in Your Home and Office**

Tired of searching for lost things and stumbling over stuff? You can change your surroundings to work for you, with simple, easy and practical ideas on how to remove clutter from your life and get organized. Attend this fun and interactive workshop, where you’ll learn how to stop junk mail, remove clutter, distinguish between organized and neat, and identify the cost of your stuff. Fee includes Clutterology (978-1-891440-62-5).

Fee: $39 + $30 materials fee payable at first class
Instructor: Nancy Miller
6:30-9:30pm W 1/23 IVC - CEC 6

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**What Were You Born to Do?**

You were born to make a unique contribution to humanity. Progressing toward this purpose brings joy and abundance. Straying from it causes stress and emptiness. To accomplish this mission, one of the 33 Natural Talents is wired into your DNA. It is so subtle, you rarely notice it; yet so powerful, it’s the source of the highest potential. Elvis, Oprah and Einstein were all just “doing what comes naturally.” Applying your natural talent relentlessly will magnetically attract all your heart’s desires. The presenter is a career coach, motivational speaker and author of a forthcoming book: Pinpoint Your Destiny.

Fee: $59 + $40 materials fee payable at first class
Instructor: Curtis Adney
1-5pm SAT 3/9 IVC - CEC 2

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**How to Become a Mystery Shopper**

Mystery shopping is a wonderful way to earn extra income while having fun shopping, dining and traveling locally and around the world. You will learn the ins and outs of the business, including signing up with shopping companies, getting your first assignment, pitfalls to avoid, evaluating customer service, and writing reports. This part-time income opportunity is great for college students, retirees, stay-at-home moms, and/or adults of all ages.

Fee: $39 + $20 materials fee payable at first class
Instructor: Jennifer Hayes
Noon-2:30pm SAT 2/2 IVC - CEC 4

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**Save Money with Extreme Couponing!**

Learn how to save money every day with extreme couponing. Coupons are not just for groceries. The savings can add up to hundreds or even thousands of dollars every year. This comprehensive workshop will teach you: where to find all different types of coupons, even for high-ticket items; how to find the best coupon apps/websites; how to match coupons with sales for maximum savings; the best way to sort and store coupons; and how to find other people to trade coupons and merchandise. Feel free to bring your coupons to class for a trading session.

Fee: $10 + $10 materials fee payable at first class
Instructor: LeeAnne Krusemark
6-7pm M 2/25 IVC - CEC 2
Introduction to Screenwriting for Television or Movies

In this comprehensive session, you will learn special screenwriting terms and formats for television and the big screen, and how to plot a story, develop characters, and execute your work in the proper screenwriting format. Discover the difference between a treatment, a spec script and a shooting script, and when to do each. And you’ll get an inside look into the business of selling your script to agents and producers.

Fee: $10 + $10 materials fee payable at first class
Instructor: LeeAnne Krusemark

4-5pm TU 2/26 IVC - CEC 2

Meet the Publisher – Get Your Manuscript Critiqued

Have you ever wanted to talk to a real agent or publisher? Are you tired of having your manuscripts critiqued by non-professionals, or paying an editor too much money to change your writing to their voice? Bring your in-progress manuscript for an in-class critique of one page of your poetry, article, short story, screenplay, novel, non-fiction book, or children’s book. Materials fee includes an in-class critique. You can also leave a copy for a professional critique of your entire manuscript (for an optional materials fee of $50 for up to 25 double–spaced pages and $1/ page thereafter) and a list of publishers/agents who are interested in your type of work.

Fee: $10 + $10 materials fee payable in class
Instructor: LeeAnne Krusemark

5-6pm TU 2/26 IVC - CEC 2

Writing for Online Blogs, Magazines & Websites

You don’t need a journalism school degree, newspaper reporting experience, or previously published articles to write for online blogs, magazines, and websites. Some online opportunities offer exposure and networking, while many pay well – $1 a word and more. In this fast-paced session, you will learn how to: find more than 1,000 opportunities that pay, find story ideas, conduct interviews and find sources, find and study your target market, and create pitches and query letters.

Fee: $10 + $10 materials fee payable at first class
Instructor: LeeAnne Krusemark

6-7pm TU 2/26 IVC - CEC 2

Beginner’s Guide to Getting Published

Did you know Stephen King was rejected 75 times before he sold his first novel? If your goal is to become a published freelance writer by selling a magazine article, short story, poem, or even a novel to a traditional publisher, this comprehensive workshop will guide you to, then past the editor’s desk. You will discover how to: Become a “published” writer overnight, submit manuscripts the correct way, find the right publisher for your work, write irresistible query letters, learn 100 ways to make money as a freelance writer, and obtain free future Q&A opportunities. If you really want to succeed, this step-by-step workshop is a must! Special note: The instructor is a journalist, author, screenwriter, agent, publisher, and adjunct online instructor of publishing for Harvard.

Fee: $20 + $20 materials fee payable at first class
Instructor: LeeAnne Krusemark

7-9pm TU 2/26 IVC - CEC 2

Explore 50 Different Self-Publishing Options

Self-publishing is all the rage, but is it the best option for you, and can you do both? You will discover the pros and cons of all the self-publishing options, including print-on-demand and e-book publishing, as well as the Amazon option, CreateSpace. You will leave with a rated description of 50 self-publishing companies.

Fee: $10 + $10 materials fee payable at first class
Instructor: LeeAnne Krusemark

9-10pm TU 2/26 IVC - CEC 2

Ham Radio

Talk to interesting people around the world without a telephone. Help direct emergency relief after an earthquake or other natural disaster. Become a radio amateur! This course will introduce you to the fascinating world of amateur radio as it instructs you in the material required to pass the FCC Technician Class license examination. Learn basic electronics and government regulations. Only elementary math skills are needed. No previous knowledge of electronics is required.

Fee: $60 + $33 materials fee payable at first class
Instructor: Bob Maller

7-9pm TU 3/5-4/9 IVC - A 204
Dog Lovers: Become a PAID Therapy Dog Service Provider
Would you like to become a certified therapy dog handler and receive compensation while bringing joy and happiness to people in your community? In this 2-hour class you will learn how to improve your chances to pass the therapy dog handler written and behavioral tests at the least cost and quickest way. The course will include step-by-step instructions on the emerging field of paid dog therapy assignments at for-profit and non-profit organizations; training your dog; and ongoing and post-class support to help you certify your dog. We combine group discussions, lecture, demonstrations, and videos of therapy dog behavioral evaluations, so you know how to prepare. The course fee includes a comprehensive therapy handler resource guide and over 80 useful links. Note: Please do not bring your dog to class.

Fee: $29
Instructor: Richard Katz
9-11am SAT 5/18 IVC - CEC 6

MUSIC

NEW: Instant Piano for Hopelessly Busy People
In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. While regular piano teachers teach note reading, piano professionals use chords. And you can learn all the chords you’ll need to play simple songs in this one session.

Fee: $39 + $29 materials fee payable at first class
Instructor: Craig Coffman
6:30-9:30pm TH 3/14 IVC - A 204

HEALTH & FITNESS

Tai Chi
Reduce stress, improve balance and increase vitality through tai chi ch’uan (taijiquan). Experience the peace and well-being this Chinese mind-body exercise brings to those who practice daily. Class covers Tai Chi principles and movements from a traditional long form. Appropriate for beginning to advanced students. No class 2/16, 3/23.

Fee: $85
Instructor: JoAnna Schoon
8-9:30am SAT 1/19-5/18 IVC - PE 270

Advanced Tai Chi
Explore deeper relaxation, whole body movement, individual corrections and refinements. Advanced topics may include mirror Tai Chi, slow form, sword, broadsword and 2-person Tai Chi. Prerequisite: 4+ years’ experience in Guang Ping tai chi or instructor approval; contact instructor by email at jschoon@ivc.edu. No class 2/16, 3/23.

Fee: $85
Instructor: JoAnna Schoon
8-10am SAT 1/19-5/18 IVC - PE 270
ABOUT EMERITUS CLASSES

The Irvine Valley College Emeritus Institute program affirms the importance of intellectual activity, critical thinking and creative expressions for older adults. The curriculum challenges participants to formulate relationships between past experiences and new ideas, and to keep current in all academic areas. Courses are developed to stimulate participants’ intellectual and personal growth and to benefit their daily lives – personally, socially, culturally, economically and environmentally. While these courses meet the college’s academic standards, they are not degree-applicable.

ONLINE REGISTRATION INFORMATION

Special Note: All Emeritus Institute classes are tuition-free.

The registration process occurs three times per year, in the fall, spring, and summer semesters.

MySite Registration is date- and time-specific. Please log in to your individual MySite account for a specific date and time to register. Students cannot register prior to their appointment. If you are having trouble accessing MySite, please contact Admissions and Records at 949-451-5220.

Students are not permitted to attend classes in which they are not officially enrolled. Please note: if the class you wish to take is full, students have the option to go to the first class and ask the instructor for permission to add the class. If the instructor approves, the instructor will provide an Add Permit Code (APC) and the individual will be added to the roster.

Faculty reserve the right to drop students who do not attend the first class session.

Please note: If you need additional assistance, please contact the Extended Education Office at 949-367-8343 or visit us in person at the location listed on page 2.

Please see the next page for step-by-step registration instructions.
EMERITUS ONLINE REGISTRATION STEPS

One-Step Online Registration For Continuing IVC/SC Students:

Register for a class at https://mysite.socccd.edu

Log in using your Student ID number and PIN. Your PIN is either your birth year (i.e. 1947) or the last four digits of your Social Security number (i.e. 2468).

1. Click on My Classes
2. Click on Register for Classes
3. Select Term (Fall, Spring, Summer)
4. Update Records (A response is required for all sections with a red asterisk *)
   a. Major: Select Not Listed
   b. Educational Goals: Select Educational Development
5. Schedule Builder
   a. Enter ticket number; click Add Class, click Next
6. If multiple courses are needed, repeat Step 5; otherwise, click Next
7. Select No when asked about ASG Access and click Next
8. Accept the refund policy, then click Complete Registration.

Registration For New or Returning Students Who Skipped a Semester:

Apply for admission at www.ivc.edu

1. Click on Admissions and Records
   A. Click on How to Apply
2. At the center of the page, click on Apply Here.
3. Click on Create an Account and follow the registration directions. This is a two-part process:
   a. Create an account (OpenCCC account number)
   b. Continue to the application. Once application has been submitted, you will receive an email within 24-48 hours with your student identification number.
4. Once you receive your student number, follow the above instructions for Continuing IVC/SC Students to complete your registration.
# OFF-CAMPUS CLASS LOCATIONS

<table>
<thead>
<tr>
<th>Class Site/Code</th>
<th>Location/Contact Information</th>
</tr>
</thead>
</table>
| **A** FAN      | Financial Advisors Network Training Room  
|                | 714-597-6510  
|                | 1432 Edinger Ave., Suite 200, Tustin 92780 |
| **B** FSSC     | Florence Sylvester Senior Center  
|                | 949-380-0155  
|                | 23721 Moulton Parkway, Laguna Hills 92653 |
| **C** LBCC     | Laguna Beach Community Center  
|                | 949-464-9535  
|                | 380 Third St., Laguna Beach 92651 |
| **D** LBHS      | Laguna Beach High School  
|                | 949-464-9535  
|                | 625 Park Ave., Laguna Beach 92651 |
| **E** LBHSCP   | Laguna Beach High School Community Pool  
|                | 949-464-9535  
|                | 625 Park Ave., Laguna Beach 92651 |
| **F** LFBTC    | Lake Forest Beach and Tennis Club  
|                | 949-837-6100  
|                | 22921 Ridge Route Dr., Lake Forest 92630 |
| **G** LFCH     | Lake Forest City Hall Community Center  
|                | 949-461-3450  
|                | 25550 Commercentre Dr., Lake Forest 92630 |
| **H** LFSP     | Lake Forest Sports Park  
|                | 949-461-3415  
|                | 28000 Rancho Parkway, Lake Forest 92630 |
| **I** LSC      | Lakeview Senior Center  
|                | 949-724-6900  
|                | 20 Lake Rd., Irvine 92612 |
| **J** RSC      | Rancho Senior Center  
|                | 949-724-6800  
|                | 3 Ethel Coplen Way, Irvine 92612 |
| **K** TRCP     | Turtle Rock Community Park  
|                | 949-724-6734  
|                | 1 Sunnyhill, Irvine 92603 |
| **L** TUSTIN   | Tustin Area Senior Center  
|                | 714-573-3340  
|                | 200 South C St., Tustin 92780 |
EMERITUS INSTITUTE CLASSES

ART 403C: ART MEDIA (BEADING)
This noncredit course introduces older adults to various art media, which may include drawing, painting, printmaking, beading, stained glass, or ceramics. It is designed to develop students’ appreciation of art and foster their creative expression. The course also includes the improving of fine motor skills and maintaining cognitive abilities. A list of instructional materials will be provided at the first class session. (No class 2/15, 3/18-3/22, 3/29.)

<table>
<thead>
<tr>
<th>Code</th>
<th>Day</th>
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<td>RSC</td>
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</tbody>
</table>

ART 435C: WATERCOLOR PAINTING – BEGINNING
This course for older adults introduces the materials and techniques used in watercolor painting. The course presents the basic methods of applying watercolor in washes, color mixing, and brush techniques, emphasizing the spontaneity of transparent watercolor. A list of instructional materials will be provided at the first class session. (No class 2/15, 3/22, 3/29, 4/19.)

<table>
<thead>
<tr>
<th>Code</th>
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<tr>
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<td>LSC</td>
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</table>

ART 430C: WATERCOLOR PAINTING – INT/ADV
Use and incorporate color mixing in a broader palette for washes, glazing, and spontaneous interpretation of the subject matter. An increasing emphasis will be placed on individual exploration with the media. (No class 3/21.)

<table>
<thead>
<tr>
<th>Code</th>
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<th>Time</th>
<th>Term</th>
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<td>LBCC</td>
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</table>
EMERITUS MUSIC CLASSES

MUS 450: BEGINNING PIANO
This is a beginning course in popular and classical piano technique for older adults. The course focuses on music theory, note reading, scales, fingering, chording, sight reading, and performance techniques. (*No class 1/21, 2/18, 3/18.*)

<table>
<thead>
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</table>

MUS 451: INTERMEDIATE PIANO
This is an intermediate-level course in classical and popular piano technique and performance for older adults. The course focuses on theory, fingering, interpretation techniques, sight reading, and repertoire development. (*No class 1/21, 2/18, 3/18.*)

<table>
<thead>
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<th>Time</th>
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<td>LSC</td>
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</table>

MUS 460: BAND REHEARSAL AND PERFORMANCE: INSTRUMENTAL
This course for older adults focuses on the study, preparation, and performance of an orchestral concert repertoire. Students may participate in concerts and recitals at alternate locations. (*No class 3/19, 4/9.*)

<table>
<thead>
<tr>
<th>CRN</th>
<th>Days</th>
<th>Time</th>
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<th>End</th>
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<td></td>
<td>Fournier, P./Lowery, M.</td>
<td>LBHS</td>
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</table>

MUS 400C: MUSIC APPRECIATION
This course is an introduction to music appreciation for older adults. The course provides an overview of important periods and styles of music, the form of compositions, practical music theory, the concert program, and the role and contribution of various instruments and voices in the orchestra. (*No class 1/21, 2/18, 3/18.*)

<table>
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<tr>
<th>CRN</th>
<th>Days</th>
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<td>Jacobs, L.</td>
<td>TUSTIN</td>
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EMERITUS HEALTH CLASSES

HLTH 400A: HEALTH AND FITNESS FOR MATURE ADULTS
(1 HOUR PER WEEK)
This course addresses the physical and mental health of the older, mature adult through the use of exercise and fitness activities aimed at maintaining an active, independent lifestyle. Topics include the physical and cognitive benefits of exercise, injury prevention, and special considerations to approaching exercise safely for the older adult. (No class 1/21, 2/15, 2/18, 3/18-3/23, 5/15.)

ASAP STRENGTH AND PILATES

<table>
<thead>
<tr>
<th>Code</th>
<th>Day</th>
<th>Time</th>
<th>Dates</th>
<th>Instructor</th>
<th>Room</th>
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<tbody>
<tr>
<td>66725</td>
<td>Th</td>
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<td>Ovadia, J.</td>
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CHAIR EXERCISE

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<tr>
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<td>66660</td>
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<td>Lane, J.</td>
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<tr>
<td>66675</td>
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<tr>
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<td>LSC</td>
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DANCE (TAP)

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DAYAN QIGONG

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<th>Code</th>
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PILATES

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TAI CHI (MOBILITY)

<table>
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</table>
HLTH 400B: HEALTH AND FITNESS FOR MATURE ADULTS
(2 HOURS PER WEEK)
This course addresses the physical and mental health of the older, mature adult through the use of exercise and fitness activities aimed at maintaining an active, independent lifestyle. Topics include the physical and cognitive benefits of exercise, injury prevention, and special considerations to approaching exercise safely for the older adult. (No class 1/21, 2/15, 2/18, 3/18-3/23, 5/15.)

AQUATIC FITNESS TRAINING

<table>
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ASAP STRENGTH AND PILATES

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DANCE (COUNTRY LINE)

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DAYAN QIGONG

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DYNA-BAND

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PILATES

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Day</th>
<th>Time</th>
<th>Dates</th>
<th>Instructor</th>
<th>Location</th>
</tr>
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<tbody>
<tr>
<td>66760</td>
<td>T</td>
<td>10:30am-11:50am</td>
<td>1/15-5/21</td>
<td>Robitaille, J.</td>
<td>LFCH</td>
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## PHYSICAL FITNESS

<table>
<thead>
<tr>
<th>CRN</th>
<th>Day</th>
<th>Time</th>
<th>Dates</th>
<th>Instructor</th>
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<tbody>
<tr>
<td>66680</td>
<td>Th</td>
<td>10:00am-11:50am</td>
<td>1/17-5/16</td>
<td>Lane, J.</td>
<td>LFSP</td>
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<td>66695</td>
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<td>Messenger, L.</td>
<td>RSC</td>
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<td>66700</td>
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<td>1/17-5/16</td>
<td>Messenger, L.</td>
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<tr>
<td>66740</td>
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<td>1/16-5/22</td>
<td>Ovadia, J.</td>
<td>LSC</td>
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## TAI CHI

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<tr>
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<td>66600</td>
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## TAIJIQUAN (FORMERLY TAI CHI)

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<td>1/16-5/22</td>
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## YOGA AND YOGA STRETCHING

<table>
<thead>
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<tr>
<td>66590</td>
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<td>66595</td>
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<td>1/16-5/22</td>
<td>Michele, M.</td>
<td>TUSTIN</td>
</tr>
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</table>
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