

Emeritus Institute Classes: Spring 2022

Spring 2022 Course Dates: Jan. 18 - May 25, 2022

Check MySite for your individual registration date and time.

Questions: 949-367-8343 or ivcemeritus@ivc.edu

ART 403C: ART MEDIA (BEADING)

65985	M	Noon-2:50pm	1/24-5/23	Addington, T	LFCH
65990	T	Noon-2:50pm	1/18-5/24	Hernandez, A	TUS
65975	T	6-8:50pm	1/18-5/24	Hernandez, A	TUS
65995	Th	9-11:50am	1/20-5/19	Hernandez, A	FSSC
65980	F	9am-12:05pm	1/21-5/20	Hernandez/Addington	RSC

ART 430C: WATERCOLOR PAINTING – BEGINNING

66270	F	9am-12:25pm	1/21-5/20	Gulino, M	LSC
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ART 435C: WATERCOLOR PAINTING – INTERMEDIATE/ADVANCED

66280	W	9-11:50am	1/19-5/25	Gulino, M	LSC
66275	Th	1-3:50pm	1/20-5/19	Gulino, M	LBCC

HUM 435C: FILM GENRES

90080	Th	Noon-2:50pm	1/20-5/19	Forry, S.	LFCH
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MUS 450: BEGINNING PIANO

66220	M	1-2:25pm	1/24-5/23	Lippert, C	LSC
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MUS 451: INTER/ADV. PIANO

66225	M	3-4:25pm	1/24-5/23	Lippert, C	LSC
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HLTH 400A: HEALTH AND FITNESS (1 HOUR)

ASAP STRENGTH AND PILATES

66055	Th	10:30-11:35am	1/20-5/19	Ovadia, J	RSC
66580	T	3-3:50pm	1/20-5/19	Ovadia, J	RSC

AQUAFITNESS

66610	T	2-2:50pm	1/18-5/24	TBD	LBFTC
66615	Th	2-2:50pm	1/20-5/19	TBD	LBFTC
66620	T	10-10:50am	1/18-5/24	TBD	LBHSCP
66625	Th	10-10:50am	1/20-5/19	TBD	LBHSCP

CHAIR EXERCISE

66180	T	10-10:50am	1/18-5/24	Lane, J	LSC
66090	W	9-9:50am	1/19-5/25	Lane, J	LSC
66050	F	9-10:05am	1/21-5/20	Ovadia, J	LSC

DANCE (COUNTRY LINE)

66550	Th	9-9:50am	1/20-5/19	Stuart, I	LSC
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DANCE (TAP)

66045	T	9-9:50am	1/18-5/24	Bregozzo, D	RSC
66175	T	10-10:50am	1/18-5/24	Bregozzo, D	RSC
66235	T	11-11:50am	1/18-5/24	Bregozzo, D	RSC

DAYAN QIGONG

66185	W	10-10:50am	1/19-5/25	Shields, J	RSC
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PAI DA GONG

66150	Th	1-1:50pm	1/20-5/19	Schoon, J	LFCH
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PHYSICAL FITNESS

66560	M	1-1:50pm	1/24-5/23	Lane, J	FSSC
66570	T	1-1:50pm	1/18-5/24	Messenger, L	RSC
66005	Th	1-1:50pm	1/20-5/19	Messenger, L	RSC
66240	F	10:30-11:20am	1/21-5/20	Lane, J	LFCH

PILATES

66165	M	10:15-11:05am	1/24-5/23	Robitaille, J	LBCC
66105	W	10:15-11:05am	1/19-5/25	Robitaille, J	LBCC
66025	F	10:15-11:05am	1/21-5/20	Robitaille, J	LBCC

STRETCH & FLEXIBILITY

66575	T	2-2:50pm	1/18-5/24	Messenger, L	RSC
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TAI CHI (BALANCE AND MOBILITY)

66110	W	1-1:50pm	1/19-5/25	Schoon, J	LFCH
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YOGA

66245	F	Noon-12:50pm	1/21-5/20	Lane, J	LFCH
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HLTH 400B: HEALTH AND FITNESS (2 HOURS)

DANCE (COUNTRY LINE)

66295	M	10:30am-12:20pm	1/24-5/23	Cook, M	LSC
66290	F	10:30am-12:35pm	1/21-5/20	Cook, M	LSC
66135	T	10:30am-12:20pm	1/18-5/25	Turi, R	LFCH
66130	Th	10:30am-12:35pm	1/20-5/19	Turi, R	HPCC

DAYAN QIGONG

66205	Th	10-11:50	1/20-5/19	Schoon, J	LBCC
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DYNA-BAND WORKOUT

66155	T	1-2:50pm	1/18-5/24	Robitaille, J	LFCH
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PHYSICAL FITNESS

66265	M	1-2:50pm	1/24-5/23	Ovadia, J	LFCH
66260	W	12:30-2:35pm	1/19-5/25	Ovadia, J	LSC
66140	Th	10:30am-12:20pm	1/20-5/19	Lane, J	LFCH

PILATES

66100	T	10:30am-12:20pm	1/18-5/24	Robitaille, J	LFCH
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TAI CHI

90070	T	1-2:50pm	1/18-5/24	Ma, M	TUS
90075	Th	1-2:50pm	1/20-5/19	Ma, M	TUS

TAIJIQUAN

66035	W	10:30am-12:20pm	1/19-5/25	Schoon, J	LFCH
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YOGA

66010	M	10:30am-12:20pm	1/24-5/23	Michele, M	TUS
66160	W	10:30am-12:20pm	1/19-5/25	Michele, M	TUS
66020	W	1-2:50pm	1-19-5/25	Lane, J	LFCH
66200	W	11:15am-1:05pm	1/19-5/25	Burns, K	LBCC
66115	F	11:15am-1:05pm	1/21-5/20	Burns, K	LBCC



If you require an accommodation, please contact Disabled Students Programs and Services three business days in advance at ivcdsps@ivc.edu or call 949-451-5630.